"WHY ART THOU CAST DOWN, O MY SOUL?"

EXTRACTS FROM AN ADDRESS BY MR. GEORGE MUELLER Psalm 42:5,11

"WHY art thou cast down, O my soul?" the Psalmist saith to himself. And so may we say to ourselves. Is there ever any ground to be cast down? There are two reasons, but only two: if we are as yet unconverted, we have ground to be cast down; or, if we are converted and live in sin, then we are rightly cast down. But except for these two things, there is no ground to be cast down, for all else may be brought before God in prayer with supplication and thanksgiving; and regarding all our necessities, all our difficulties, all our trials, we may exercise faith in the power of God, and in the love of God; and in His own time help will come in answer to prayer and faith.

"Hope thou in God." Oh, remember this—there is never a time when we may not hope in God. Whatever our necessities, however great our difficulties, and though to all appearance help is impossible, yet our business is to hope in God. And it will be found that it is not in vain; in the Lord's own time help will come.

Oh, the hundreds, yea, the thousands of times that I have found it thus within the past seventy years and four months! When it seemed impossible that help could come, help did come, for God has His own resources, and these resources may be counted by hundreds, by thousands. He is not confined to this thing or that thing, or to twenty things; in ten thousand different ways, and at ten thousand different times, God may help us. Our business is to spread our case before the Lord, in childlike simplicity to pour out all our heart before God, telling Him, "I do not deserve that Thou shouldst hear me and answer my requests, but for the sake of my precious Lord Jesus—in Whom alone I trust for the salvation of my soul, Thy perfect Servant, my Saviour—for His sake answer my prayer and give me grace quietly to wait till it please Thee to answer my prayer, for I believe Thou wilt do it in Thine own time and way." Thus invariably I have found that (with the exception of one case, for which I have preyed since November 10th, 1844) my prayer has been answered. And I cannot tell you what an effect this has had on my life, and how it has made me a happy man; and in my greatly advanced age it makes me a very happy man.

"For I shall yet praise Him." More prayer, more exercise of faith, more patient waiting, and the result will be blessing, abundant blessing. Thus I have found it many hundreds of times, and therefore I continually say to myself, "Hope thou in God."

"Who is...my God." This is just the great point to remember, that this God is our God—Jehovah, the Almighty God—is our God. And, therefore, we must wait in Him longer and longer and longer, and exercise patience yet more and more and more; for in God's own time it will be seen that it is not in vain.

Now the Psalmist tells God in all simplicity that his soul is cast down (v. 6). So may we tell God, our Father, tell the Lord Jesus Christ, and ask Him that He would now speak a word to us in season, because we are weary. That is His own precious promise in Isaiah 50:4. And when we are weary and tried, either through difficulty, sore temptation, losses, crosses, or greatly reduced through sickness—under such circumstances we may turn to the Lord Jesus, and remind Him of His precious promise, saying to Him, "My precious Lord Jesus, I am weary, wilt Thou now speak to me a word in season?" And He will comfort us, refresh our spirit, and so strengthen us by His Spirit in the inner man.

Oh! If you have never made trial of Him, make trial of Him, and you will find how ready He is to do this!

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