"In nothing be anxious" (Phil. 4:6).

No anxiety ought to be found in the believer. Great, many and varied may be our trials, our afflictions, our difficulties, and yet there should be no anxiety under any circumstances, because we have a Father in Heaven Who is almighty, Who loves His children as He loves His only-begotten Son, and Whose very joy and delight it is to succor and help them at all times and under all circumstances. We should attend to the word, "in nothing be anxious, but in everything by prayer and supplication with thanksgiving, let your requests be made known unto God."

"In everything," that is not merely when the house is on fire, not merely when the beloved wife and children are on the brink of the grave, but in the smallest matters of life, bring everything before God, the little things, the very little things, what the world calls trifling things – everything – living in holy communion with our Heavenly Father and with our precious Lord Jesus all the day long. And when we awake at night, by a kind of spiritual instinct again turning to Him, and speaking with Him in the sleepless night, the difficulties in connection with the family, our trade, our profession. Whatever tries us in any way, speak to the Lord about it.

"By prayer and supplication," taking the place of beggars, with earnestness, with perseverance, going on and waiting, waiting, waiting on God.

"With thanksgiving." We should at all times lay a good foundation with thanksgiving. If everything else were wanting, this is always present, that He has saved us from hell. Then, that He has given us His Holy Word – His Son, His choicest Gift – and the Holy Spirit. Therefore we have abundant reason for thanksgiving. O let us aim at this!

"And the peace of God which passeth all understanding, shall keep your hearts and minds in Christ Jesus." And this is so great a blessing, so real a blessing, and so precious a blessing, that it must be known experimentally to be entered into, for it passeth understanding. O let us lay these things to heart, and the result will be, if we habitually walk in this spirit, we shall far more abundantly glorify God, then as yet we have done.

George Muller, from his book "The Life of Trust"