## How Faith is Strengthened

By George Muller (1805 – 1898)

H! I beseech you, do not think me an extraordinary believer, having privileges above other of God's dear children, which they cannot have; nor look on my way of acting as something that would not do for other believers. Make but trial! Do but stand still in the hour of trial, and you will see the help of God, if you trust in Him. But there is so often a forsaking the ways of the Lord in the hour of trial, and thus the *food of faith*, the means whereby our faith may be increased, is lost. This leads me to the following important point. You ask, How may I, a true believer, have my faith strengthened? The answer is this:

- I. "Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning." James i. 17. As the increase of faith is a good gift, it must come from God, and therefore He ought to be asked for this blessing.
  - II. Following means, however, ought to be used:
- 1. The careful reading of the word of God, combined with meditation on it. Through reading of the word of God, and especially through mediation on the word of God, the believer becomes more and more acquainted with the nature and character of God, and thus sees more and more, besides His holiness and justice, what a kind, loving, gracious, merciful, mighty, wise, and faithful Being He is, and, therefore, in poverty, affliction of body, bereavement in his family, difficulty in his service, want of a situation or employment, he will repose upon the ability of God to help him, because he has not only learned from His word that He is of almighty power and infinite wisdom, but he has also seen instance upon instance in the Holy Scriptures in which His almighty power and infinite wisdom have been actually exercised in helping and delivering His people; and he will repose upon the willingness of God to help him, because he has not only learned from the Scriptures what a kind, good, merciful, gracious, and faithful being God is, but because he has also seen in the word of God how, in a great variety of instances He has proved Himself to be so. And the consideration of this, if God has become known to us through prayer and meditation on His word, will lead us, in general at least, with a measure of confidence to rely upon Him: and thus the reading of the word of God, together with mediation on it, will be one especial means to strengthen our faith.
- 2. As with reference to the growth of every grace of the Spirit, it is of the utmost importance that we seek to maintain an upright heart and a good conscience, and, therefore, do not knowingly and habitually indulge in those things which are contrary to the mind of God, so it is also particularly the case with reference to the *growth in faith*. How can I possibly continue to act faith upon God, concerning anything, if I am habitually grieving Him, and seek to detract from the glory and honour of Him in whom I

profess to trust, upon whom I profess to depend? All my confidence towards God, all my leaning upon Him in the hour of trial will be gone, if I have a guilty conscience, and do not seek to put away this guilty conscience, but still continue to do the things which are contrary to the mind of God. And if, in any particular instance, I cannot trust in God, because of the guilty conscience, then my faith is weakened by that instance of distrust; for faith with every fresh trial of it either increases by trusting God, and thus getting help, or it decreases by not trusting him; and then there is less and less power of looking simply and directly to Him, and a habit of self-dependence is begotten or encouraged. One or the other of these will always be the case in each particular instance. Either we trust in God, and in that case we neither trust in ourselves, nor in our fellow-men, nor in circumstances, nor in anything besides; or we DO trust in one or more of these, and in that case do NOT trust in God.

- 3. If we, indeed, desire our faith to be strengthened, we should not shrink from opportunities where our faith may be tried, and, therefore, through the trial, be strengthened. In our natural state we dislike dealing with God alone. Through our natural alienation from God we shrink from Him, and from eternal realities. This cleaves to us more or less, even after our regeneration. Hence it is, that more or less, even as believers, we have the same shrinking from standing with God alone, from depending upon Him alone, from looking to Him alone: and yet this is the very position in which we ought to be, if we wish our faith to be strengthened. The more I am in a position to be tried in faith with reference to my body, my family, my service for the Lord, my business, etc., the more shall I have opportunity of seeing God's help and deliverance; and every fresh instance, in which He helps and delivers me, will tend towards the increase of my faith. On this account, therefore, the believer should not shrink from situations, positions, circumstances, in which his faith may be tried; but should cheerfully embrace them as opportunities where he may see the hand of God stretched out on his behalf, to help and deliver him, and whereby he may thus have his faith strengthened.
- 4. The last important point for the strengthening of our faith is, that we let God work for us, when the hour of the trial of our faith comes, and do not work a deliverance of our own. Wherever God has given faith, it is given, among other reasons, for the very purpose of being tried.

Yea, however weak our faith may be, God will try it; only with this restriction, that as in every way, He leads on gently, gradually, patiently, so also with reference to the trial of our faith. At first our faith will be tried very little in comparison with what it may be afterwards; for God never lays more upon us that He is willing to enable us to bear. Now when the trial of faith comes, we are naturally inclined to distrust God, and to trust rather in ourselves, or in our friends, or in circumstances.

We will rather work a deliverance of our own somehow or other, than simply look to God and wait for His help. But if we do not patiently wait for God's help, if we work a deliverance of our own then at the next trial of our faith it will be thus again, we shall be again inclined to deliver ourselves; and thus with every fresh instance of that kind, our faith will decrease; whilst on the contrary, were we to stand still, in order to see the

salvation of God, to see His hand stretched out on our behalf, trusting in Him alone, then our faith would be increased, and with every fresh case in which the hand of God is stretched out on our behalf in the hour of trial of our faith, our faith would be increased yet more.

Would the believer, therefore, have his faith strengthened, he must especially, *give time to God*, who tries his faith in order to prove to His child, in the end, how willing He is to help and deliver him, the moment it is good for him.

*Mr. Muller when writing of this period says:* 

Though now (July, 1845) for about seven years our funds have been so exhausted, that it has been a *rare* case that there have been means in hand to meet the necessities of more than 100 persons for *three days* together; yet I have been only once tried in spirit, and that was on September 18, 1838, when, for the first time the Lord seemed not to regard our prayer. But when He did send help at that time, and I saw that it was only for the trial of our faith, and not because He had forsaken the work, that we were brought so low, my soul was so strengthened and encouraged, that *I have not only not been allowed to distrust the Lord, but I have not been even cast down when in the deepest poverty* since that time

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